



More than 80% of a child's brain is formed during their first three years, and what they experience during this window can irreversibly affect how their brain develops. Participants will learn how to maximize this window and face challenges with regards to their reading practice.

Why is reading from birth so important?

The American Academy of Pediatrics issued a policy statement recommending parent-child home reading beginning at birth. Evidence shows that children who are read to, especially before school entry, not only experience stronger parent-child relationships but also demonstrate greater brain activity and development (as shown through MRI scans) and valuable language and literacy skills. This is why Bring Me a Book Hong Kong works through hospitals, health clinics and new parents to ensure that our Hong Kong children experience reading from birth, allowing them to have the best start in life.

What you get:

In this 6-hour course, divided into 3 x 2-hour sessions, participants will learn when it is the best time to start reading with your child, how to read with babies, the behaviours and difficulties to expect and will be guided on the best books for literacy development for babies to toddlers. The last session will focus on the key features of picture books for this age group and different types of sensory extended activities. After the session, reading materials will be shared for immediate practice at home.

To request more details, please contact Yvonne Leung at yvonne@bringmeabook.org.hk

Language:

Cantonese

Who is it for:

Parents-to-be and new parents of children
0-3 years old
Recommended for groups of 20-30 parents

Fee and duration:

\$8,500 for 3 sessions x 2 hours each session



Register

